Choose someone from your list who you have had a disagreement with. Tell about the disagreement. Why did you have it? How did it turn out?

Choose someone from your list who you have seen stand up for something important to them. Why do you remember that? How did it make an impression on you?

Choose someone from your list who has taught you a lesson or skill. How did they teach it to you? What did you learn?

Choose someone from your list who you have seen make a big mistake. What was the mistake? What happened because of it?

Choose someone from your list who you have seen achieve a personal goal. What did they do? How did seeing this impact you?

Choose someone from your list who you share a personal ritual with. Tell about the ritual. What is it? Why is it important?