Begin most of your sentences with *When I was a kid.* Reflect on things you used to do when you were younger. How were things different? Think about school, holidays, weekends, family, friends, etc.

Example: When I was a kid, I was shorter. I was always one of the smallest in my grade. When I was a kid, I was loud. I was obnoxious. I was annoying. When I was a kid, I went outside and played. I rode my bike to the store. I went to the baseball field with my friends and played hide-and-go-seek. When I was a kid, I went to my dad’s house on the weekends. When I was a kid, the only thing I read was the sports section of the newspaper. When I was a kid, I hung out in my room a lot. When I was a kid, I was afraid of the dark. When I was a kid, I was closer to my sister.