**What is the Difference? Which Option is Better?**

Chase Meikle is a teacher who wants his students to not be quitters at school. He writes an essay to inspire them to not give up. “It is your resilience in conquering the main event—adversity—that truly prepares you for life after school” (1).

Chase Meikle is a teacher who wants his students to not be quitters at school. He writes an essay to inspire them to not give up. In his essay, he says, “It is your resilience in conquering the main event—adversity—that truly prepares you for life after school” (1).

**Introducing Quotations**

**Always clearly introduce the change in voice.**

1. **Introductory phrase + comma + capitalization**

Meikle says, “It is your resilience….”(1).

In Meikle’s words, “It is your resilience.…” (1).

1. **Introductory phrase + *that* or *as***

Meikle explains that “it is your resilience….”(1).

Meikle describes resilience as “the main event….” (1).

1. **Complete sentence + colon**

Meikle makes a bold statement: “It is your resilience.…” (1).

1. **Blend smoothly into your own words.**

Developing “resilience” in the face of hardship is what “truly prepares” students for “life after school” (Meikle 1).